## **Arctic Oscillation**

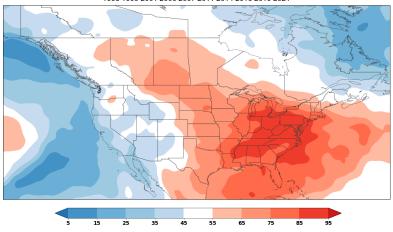
## in the US



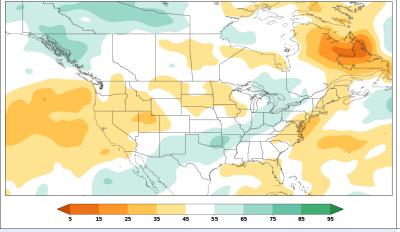
## **Positive Phase - Winter**

Below-normal surface pressure within the Arctic

Percent of Years Having Above-Trend DEC-FEB 2m Temperature 1971 1972 1974 1975 1988 1989 1990 1991 1992 1994 1998 1999 2001 2006 2007 2011 2014 2016 2019 2021



Percent of Years Having Above-Normal DEC-FEB Precipitation (ERA5 Reanalysis)
1971 1972 1974 1975 1988 1989 1990 1991 1992 1994
1998 1999 2001 2006 2007 2011 2014 2016 2019 2021



**Less Heat in the West** 

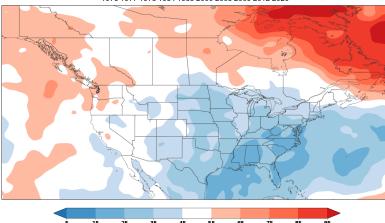
More Heat in the East

**Less Rain on the West & East Coasts** 

## **Negative Phase - Winter**

Above-normal surface pressure within the Arctic Circle

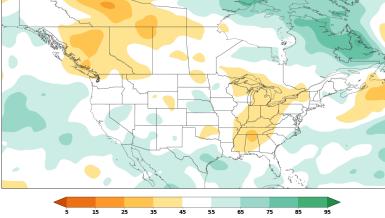
Percent of Years Having Above-Trend DEC-FEB 2m Temperature 1952 1955 1957 1959 1962 1964 1965 1967 1968 1969 1976 1977 1978 1984 1985 2000 2003 2009 2012 2020



Percent of Years Having Above-Normal DEC-FEB Precipitation (ERA5 Reanalysis)

1952 1955 1957 1959 1962 1964 1965 1967 1968 1969

1976 1977 1978 1984 1985 2000 2003 2009 2012 2020



**Less Heat Overall** 

**Less Rain in the Midwest** 

**More Rain in the Southwest** 

The AO is only one factor in a complex system that influences the US climate. Longrange forecasts provided in the WCS Monthly Reports are the best guide to the season ahead.

